

What a joy to find more than one pub open at 11! OK some were not up to much. This time finding one for lunch was more of a problem. I did a recce with four or five pubs in mind but have settled on Spoons plus 4 three of which have four or more available and one for lunch which only has one. All pubs except Spoons are within the pedestrian area and are within 600m of the stations.

The plan.

From Central station; out of station and turn left under railway continue in same direction crossing Scotland Road enter the pedestrian precinct continue straight ahead until you reach the green glass skittles - pass with the skittles to your left and continue down until you reach the market hall on your left, at the end of the market hall right into Rylands St. then first left and Friar Penketh (Spoons) is on left facing you at bottom. If traveling on suggested train below then at skittles turn left down Buttermilk St and straight to Lower Angel.

From Bank Quay; out of station and slightly left there is a crossing, lights seem to change virtually instantly when requested (why isn't the rest of the country the same). Cross and continue along Museum Street usually full of police cars using the right hand pavement for 300m ahead is

1: Friar Penketh (Spoons). Until 11:00 This is now the only Spoons in town.

Out of main door turn 45 degrees to your right and cross Friar Gate continue 30m up Barbauld St. one block then right into Rylands St. walk into the pedestrian area into the market hall and walking straight ahead you come to the Hop Emporium and can see the alternative food options. Out of the main door and turn left 100m ahead is

2: Lower Angel, Buttermarket Street Opens 10:30. 9 real ales on. Now owned by Liverpool Brewery but has a wide variety of visiting brews. Landlord said if door not open knock. Leave 11:55

Out and turn right up to the skittles and turn right walk down to the Blue Bell and turn left up Lyme St. 40 m to

3a: Barley Mow, Old Market Place. Opens 08:30. 5 pumps only 1 not "Coming soon" unfortunately. If for any reason the Barley Mow is not serving lunch or the choice is not to your liking then an alternative is go straight to Hop Emporium for varied selection of burgers, Greek, Mexican, Thai and Indian offerings. Leave 12:45

Out and return to green skittles then walk straight on down to Market Hall and inside is

4: Hop Emporium, Bank Street. 4 ales on. Alternative eating place as it is surrounded by stalls selling various options. I would suggest that in getting to the Lower Angel from Bank Quay or Spoons that you check it out for yourselves. I ate here on the recce. Leave 13:45

Cross Time Square to

5: Costello's Opens 12:00 9 ales from two local breweries Lymm Brewery and Dunham Massey Brewery.

Travel.

From the London nonstop service at :30 hourly 1hour 45 min .

Return at :25 nonstop plus :42 change at Crewe for next train at platform 5 with 20 min wait.

From Crewe :09 hourly arr :26

From East NOT 08:44 SHF 9:44 arr 10:57

From Leeds there are through trains to Bank Quay at :43 travel time 2 hours

From SHR. either via Crewe arr :26 or Chester arr :20 to Bank Quay.